Elise Kittrell is our SWE Chapter Secretary. She is from the sunny, delightful southern Florida region. Elise is currently a graduate student, majoring in Environmental Engineering. When she is not studying to improve our environment she is doing one of her many hobbies like scuba diving, hiking, camping, cooking, baking, and reading. She is truly a well rounded person with many talents. If you ask Elise why she joined SWE, she will answer with a heart warming smile that she wanted to get involved on campus, gain leadership skills, and make friends! Elise has many dreams and aspirations in life, but one interesting dream was to live internationally someday. This may seem like a lot of information about Elise, but it’s only a start. I encourage you to talk to her at our meetings and get to know her!
LET’S GO OVER OCTOBER!

SWE Lock-In:

- Oct. 5-6
- Thanks to all that volunteered!
- Great Success!
- Any suggestions/comments email Jamie Clark

On October 9, 2012 Black and Veatch presented a $10,000 check to S&T of that SWE received $1,000! Bernadette (in back) was there to accept this check.

General Meetings and Social

October 11, 2012

- General Meeting
- Pumpkin Social

October 25, 2012

- ROTC Speaker Daniel Wagenmaker
- Dr. Sheppard spoke about barriers for women engineers

Black and Veatch

On October 9, 2012 Black and Veatch presented a $10,000 check to S&T of that SWE received $1,000! Bernadette (in back) was there to accept this check.
Self Defense Tips

As we all know when winter comes, the sun sinks below the horizon very early in the day. And with finals approaching you will caught in the dark. Here are some tips to remember in case you are attacked. Remember it could happen to you.

Tip 1: Your elbow is the strongest part of your body, if your close enough to use it, use it!
Tip 2: If you are asked for your wallet, THROW them away from you and run!
Tip 3: If the predator has a gun and your not under his control RUN in a zig-zag pattern. 4 out of 100 times they will hit you, and even then it is very unlikely that it will be a vital organ.

To read more helpful tips go to http://attackproof.com/10-best-self-defense-tips.html
Stay Safe!

You might be a college student if . . .

1. If you live in a house with three couches, none of which match.
2. If you can pack your worldly possessions into the back of a pick-up (one trip).
3. If you average less than 3 hours of sleep a night.
4. If your trash is overflowing and your bank account isn’t
5. If you eat at the cafeteria because it’s "free", even though it tastes terrible.
6. If you wake up 10 minutes before class
7. If your social life consists of a date with the library
8. If you celebrate when you find a quarter
9. If your backpack is giving you Scoliosis
10. If you get more e-mail than mail

Attention: Announcements!

- IM shirts available for $11.50 in the SWE Office (215 Centennial) You don’t have to be in intramurals to buy one!
- Design a shirt! Submit your awesome SWE T-Shirt idea to crdh3b@mst.edu, winning design gets a FREE T-Shirt!
- IM Volleyball Game Nov. 6 Rec. Center 9:20 PM Come support us!
- Design a shirt! Submit your awesome SWE T-Shirt idea to crdh3b@mst.edu, winning design gets a FREE T-Shirt!
- National Member? Hungry and free on November 15th? RSVP by Nov. 7 for a free dinner at Matt’s Steakhouse with other SWE National Members! E-mail Andrea Arbogast at alaga2d@mail.mst.edu

“Nothing is impossible. The word itself says, "I'm possible."”
~Audrey Hepburn
On December 1, 2012 from 8 PM to 10:30PM at the ale Bullman Multipurpose Building, Gwendlyn and Meleena, Zumba Instructors, will be hosting a Zumba Dance party. Students with ID and return application before Nov. 15 the price is only $10 plus a T-Shirt! Email questions to Mandy Grogg.

Registration Form on Page 5
Participation Registration Form

Student price: $10 with ID   Early Registration: forms received before 15 November
Non-student Early Registration: $12
Day of registration (ALL): $14

Name: ____________________________________   Age: ________________

Email: __________________________________________________________

**Email confirmation of payment and registration will be sent!

Organization: ____________________________________________________

Student?: Yes / No                                           T-Shirt Size: S  M  L  XL  XXL

Release of Liability
I hereby grant that the proposed participant is healthy and physically able to participate in the above named program. I release and waive any claims of personal injury or property damage that I may have or come to have against the Stonehenge Battalion, Army ROTC, and Missouri University of S&T including its employees, representatives, or instructors relating to my participation in the above named activity.

Signature: ________________________________________________________________

Date: ___________________________

Cash and checks are accepted. If paying by check, please make out to Army ROTC Cadet Fund.
This form and payment can be returned to St. Robert Fitness, Zumba Instructors Gwendolyn at DFC, or Meleena at The Centre in Rolla, and Harris Hall located on the campus of Missouri U. of S&T in Rolla, MO.
For more information, please contact Mandy Grogg at acg3kb@mst.edu!